



## COLD WATER CONDITIONS WAIVER 2015

Athletes over 19 years of age

I am fully aware and understand the risks involved with paddling in cold water (below 8°C) conditions. I understand that if I paddle without wearing a Government approved PDF (personal floatation device) and safety boat, I do so at my own risk and I assume all the responsibility for my actions. I understand that if I capsize while not wearing a PDF, my safety is compromised.

In any case, I agree to comply with all applicable RCKC Guidelines and Coast Guard Regulations. A PDF and safety boat must be used if I am paddling in a boat owned by Ridge Canoe and Kayak Club.

I hereby release Ridge Canoe and Kayak Club, its coaching staff, manager, volunteers, directors and all related persons, group and associations from any personal injury, death, property damage, expense and related loss, including loss of income that I or my next of kin may suffer as a result of my choice to not wear a PDF.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Athlete (printed name)

\_\_\_\_\_  
Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness (printed name)

\_\_\_\_\_  
Witness Signature